

Competitor's Handbook

1. Overview Information

Important Note: In order to be allowed to compete you must complete a three step process in a timely manner.

1. Register - pick up your bib numbers, information sheets, Competitor's Handbook, Chips (if necessary), and your declaration cards.

2. Declare – turn in your declaration cards to the Declaration Desk in a timely manner.

3. Report – present yourself at the call room at the appropriate time.

1.1. Registration Office

The Registration Office is the first contact point for all participants. It is situated in the "Clermont 2008 Village", in the Indoor tennis court, in the immediate proximity of the Tram stop Cézeaux - Pellez.

Hours of operation:

Saturday	15.03.2008	15.00 – 18.00
Sunday	16.03.2008	10.00 – 12.00 and 14.00 – 20.00
Monday	17.03.2008	07.30 – 19.00
Tuesday	18.03.2008	07.30 – 19.00
Wednesday	19.03.2008	07.30 – 19.00
Thursday	20.03.2008	07.30 – 19.00
Friday	21.03.2008	07.30 – 19.00
Saturday	22.03.2008	07.30 – 16.30

The athletes will receive the Registration Package at the Registration Office after presentation of either one's passport or ID-card in order to check the identity. Outstanding entry fees must be paid at the Registration Office before athletes are given the Registration Package.

1.1.1. Transponder (Chip) Timing System

Athletes in the following events will receive a transponder (Chip) in their Registration Package. These transponders will be used for lap counting and timing purposes.

3000 meter Run
3000 meter Race Walk
8k Cross Country
10k Road Race Walk
Half Marathon

There will be a 20 Euro charge for not returning these transponders at the finish line, or at the TIC, after the completion of the athlete's last applicable event.

The transponder must be properly worn at all times during each applicable event. Instructions on the proper use of the transponders will be given along with the transponder in the Registration package. Athletes will be required to pass through a test area before the start of each applicable event to verify that the proper transponder is in place and that it is operating properly.

1.2. Accreditation

Each athlete will receive an accreditation card which will be handed out with the starting documents in the Registration Office. The accreditation determines the access to the different areas. The accreditation card must be carried at all times and is non-transferable to other persons.

Loss of the accreditation card must be notified immediately at the TIC (Technical Information Centre). A 5 € fee will be charged for the issue of a replacement accreditation. The accreditation card "Athlete" or "Team Manager" entitles one to access to the following areas:

- Stadium Jean-Pellez (including spectators area, changing rooms, Call room)
- Warm-up areas

Only the athletes who are directly involved in the current competition are allowed to be in the competition area in the Stadium Jean-Pellez. The athletes will enter the competition area in the Stadium Jean-Pellez only if escorted by a competition judge.

Entry to the public areas of the Stadium Jean-Pellez is free for the spectators and visitors. Team managers will be issued with a specially marked accreditation at the Registration Office which allows them to collect results sheets free of charge at the TIC.

1.2.1. Technical Information Centre (TIC)

The TIC is located in the "Clermont 2008 Village", in the Indoor tennis court, in the immediate proximity of the Tram stop Cézeaux - Pellez.

1.3. Team Managers' Meetings

The Team Managers' Meetings will be conducted in the "Clermont 2008 Village" next to the TIC.

Sunday	16.03.2008	17.00	First meeting
Monday	17.03.2008	09.00	Daily meetings
Tuesday	18.03.2008	09.00	Daily meetings
Wednesday	19.03.2008	09.00	Daily meetings
Thursday	20.03.2008	09.00	Daily meetings
Friday	21.03.2008	09.00	Daily meetings
Saturday	22.03.2008	09.00	Daily meetings

All questions and comments will be on WMA Technical Meeting Forms and will be dropped off at the TIC the evening before the meeting. WMA Technical Meeting Forms will be available at the TIC.

Team Managers' meetings will be conducted in English with translations if possible.

Items of the agenda for the first Team Managers' meeting which will be held on Sunday, 16th of March 2008, at 17:00 in the "Clermont 2008 Village" next to the TIC:

- Words of welcome by WMA and LOC
- Introduction of WMA and LOC competition officials
- Information by the Doping Control Delegate
- Information by the Technical Delegates
- Address written WMA technical meeting Form items

1.4. Team Meetings

A room can be available for affiliate team meetings by booking at the TIC.

1.5. Information and Service Desks

1.5.1. Technical Information Centre – TIC

The TIC is situated in the "Clermont 2008 Village", in the Indoor tennis court, in the immediate proximity of the Tram stop Cézeaux - Pellez. The TIC is the office for information and the service point for all queries regarding the competition.

Hours of operation:

(Same as Registration Office; see above § 1.1.)

1.5.2. Info Point

The Info Point is situated in the "Clermont 2008 Village", in the Indoor tennis court, in the immediate proximity of the Tram stop Cézeaux - Pellez. It will contain all posted official information on all subjects during the Championships. This area will also be where the Affiliate bulletin Boards will be located.

1.5.3. Tourist Information

The Tourist Information is situated in the "Clermont 2008 Village", in the Indoor tennis court, in the immediate proximity of the Tram stop Cézeaux - Pellez.

Hours of operation:

Monday to Saturday; 09.00 – 19.00

1.5.4. Lost-property office

Lost items are to be handed in and reclaimed at the Registration Office.

1.6. Traveling to Clermont-Ferrand

1.6.1. By air

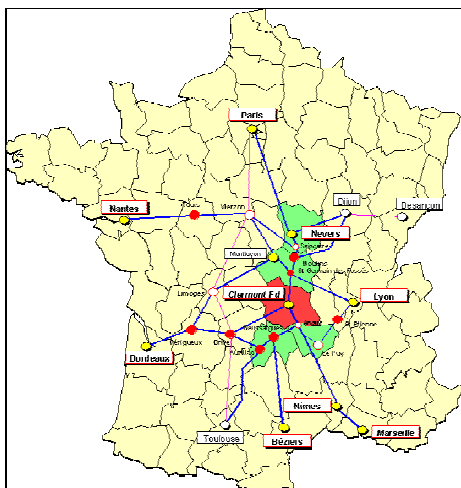
There are direct flights from Clermont-Ferrand airport to more than 20 European cities

1.6.2. By car

3h30 from Paris, Motorway A10 then A71 (Exit 16 – Le Brézet).

3h00 from Béziers and also from the Mediterranean Sea (Exit 2 - Clermont-Ferrand/Bordeaux/Aubièrre/La Bourboule).

2h from Lyon via the Motorway A72 (Exit A7111, direction Clermont-Ferrand – Sud/Montpellier/Bordeaux. Then take the N89, Exit 1.1.b – Boulevard Bingen)



1.6.3. by train

8 daily connections to Paris: fast express trains (called "Teoz Corail") run between Paris and Clermont-Ferrand, via Vichy, in under 4 hours.

There are also daily connections from Clermont-Ferrand to Lyon, Dijon, Marseille.

1.6.4. Public Transport in Clermont-Ferrand

The Stadium Jean-Pellez can be accessed from the city centre via the new tramway line. 19 different bus lines serve also the hotels.

The accreditation card will permit each competitor to use the public transport at no charge during these Championships.

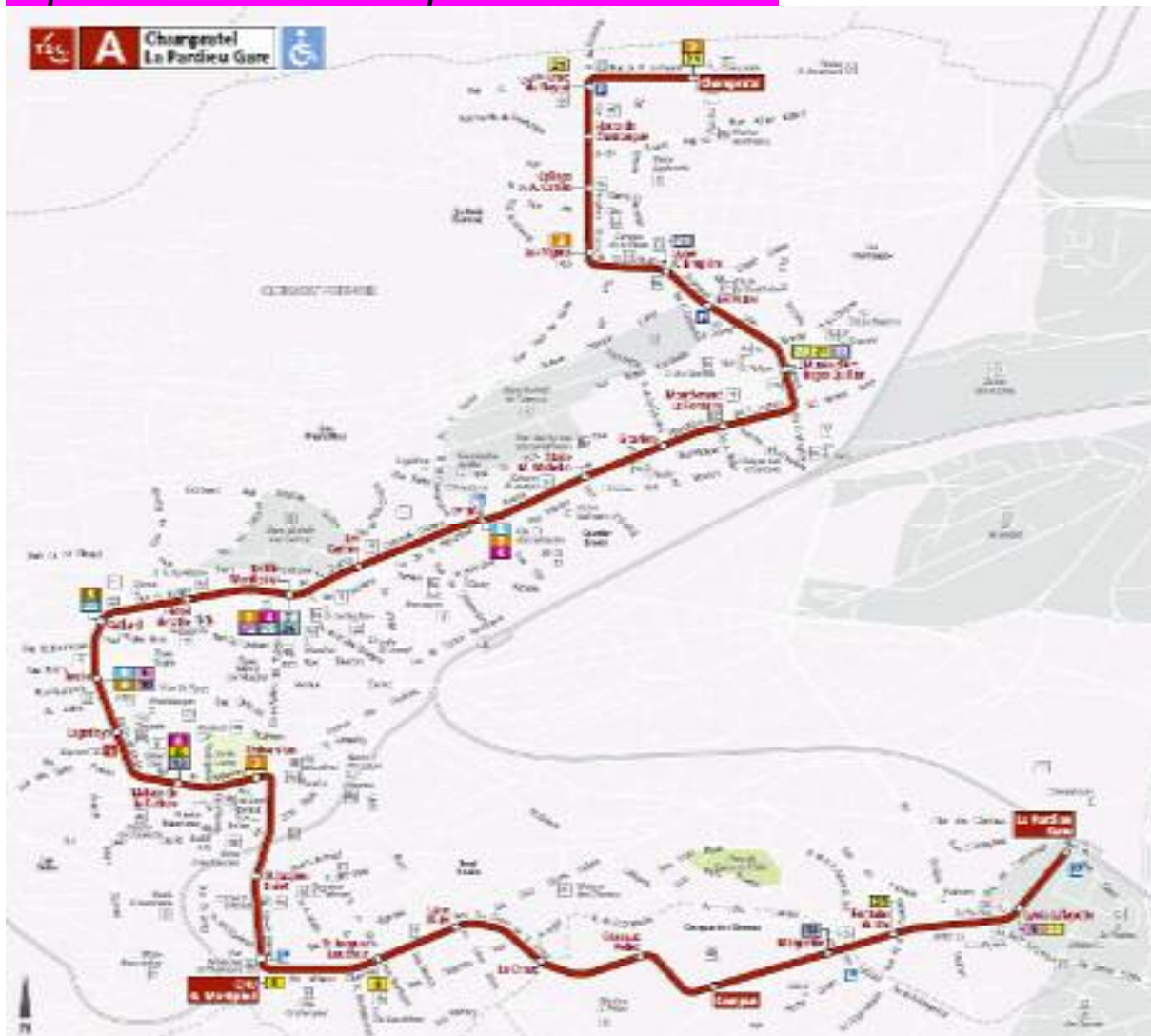
TRAMWAY

Tramway is a fast and convenient option to travel easily to the competition venues.

There is one tramway line: the Line A covers the direct route either to the Stadium Jean-Pellez (DIRECTION: La Pardieu Gare; up to Tram Stop Cézeaux – Pellez), or to the Non-Stadia-area "Les Gravanches" (DIRECTION: Champratel; up to Tram Stop Montferrand La Fontaine or to Tram Stop Musée d'Art Roger Quilliot).

You reach the area "Les Gravanches" after a 10 minute walk.

Map of the tram Line A Champratel – La Pardieu Gare



1.7. Parking

There is a limited number of parking spaces at the Stadium.

1.8. Catering

The catering area will be located in a tent next to the "Clermont 2008 Village".

1.9. Changing Rooms

Changing rooms are situated in the basement of the Stadium Jean-Pellez. The participants to the Cross Country will use the changing rooms and showers on site. The participants to the Half Marathon and Road Walking can use the changing rooms at the starting area (no shower).

1.9.1 Personal Effects

There will be a supervised area near the start of each of the Non-Stadia Events for storage of personal effects (equipment bags, etc.) The organizers assume no liability for these personal effects.

1.10. Medical Care

The Medical Centre is situated in the Stadium Jean-Pellez. For the whole duration of the Championships it will have health services and a medical crew at its disposal. Hospital transport services are available in case of emergency.

In the event of an injury, only the official track doctor or his designees are permitted to enter the competition area. He will determine all further measures.

Athletes are responsible for medical expenses not provided at the venues by the LOC.

1.11. Physiotherapy

Massage services are available in the Stadium Jean-Pellez. There is a fee for the services.

No physiotherapist will be allowed to set up its equipment in the public areas of the Stadium Jean-Pellez. Rooms will be available for the physiotherapists from countries which will ask for one at the TIC (equipment not supplied).

1.12. Training and Warm-up Facilities:

Outdoor athletics 400 meter track next to the Stadium Jean-Pellez.

From Saturday, 15.03.2008 to Saturday, 22.03.2008 - 07:30 - 18:00

Outdoor athletics stadium Philippe Marcombes

This sport venue is located nearby the city centre, fifteen minutes by car from the Stadium Jean-Pellez.

1.13. Opening and Closing Ceremonies

An opening ceremony will be held in the Maison des Sports, Place des Bughes, on Monday, 17th of March 2008, from 07:00pm. Tramway stop: Hôtel de Ville or Place Delille. There will be no team parade into this venue.

A closing ceremony will take place in the Stadium Jean-Pellez on Saturday, 22nd of March 2008. Start: at the completion of the Relays, about 5:30pm. There will be no team parade into this venue.

1.14. Liability Exclusion

The organisers cannot be held legally liable for accidents, injuries, theft and damage of anykind.

2. Competition Sites

2.1 Stadium Jean-Pellez

Indoor arena with about 1300 seats

60 m track with 8 lanes

200 m oval track with 6 lanes

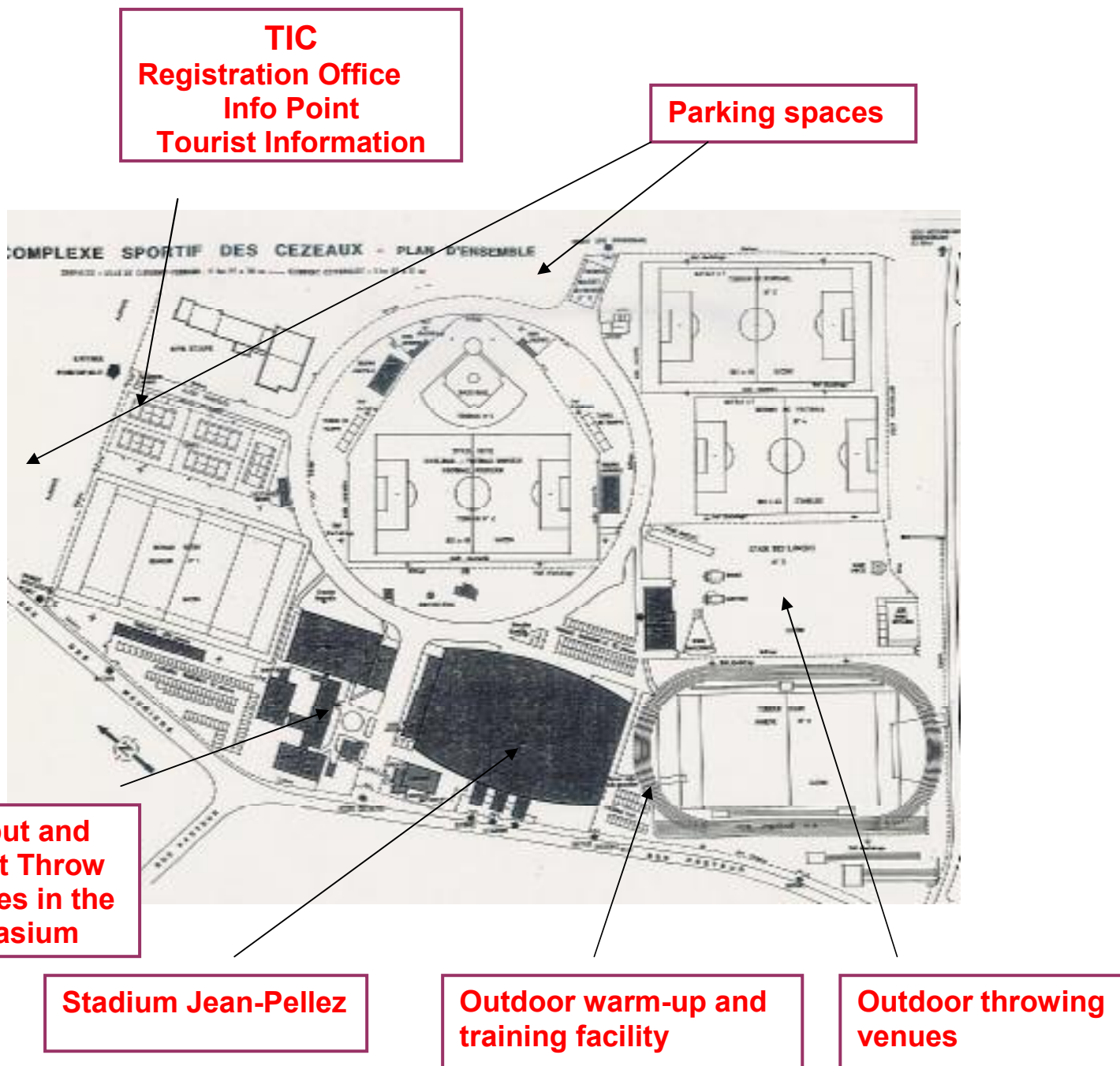
High jump, pole vault, long jump and triple jump facilities

Shot put and Weight Throw facilities in the Gymnasium adjacent to the Indoor arena

All competition facilities comply with applicable IAAF regulations.

2.2 Sports Venue les Cézeaux

Discus, hammer, javelin and weight throwing venues just outside of the Indoor arena.



2.3. The Road Race Walking Course

The Road Walk Race course is located in the rue des Gravanches around the 13th BSMAT (military site). The 2km loop is entirely closed to traffic.

The area is easy to get to by the tramway line A (DIRECTION: Champratel; up to Tram Stop Montferrand La Fontaine or to Tram Stop Musée d'Art Roger Quilliot).

You reach the Non-Stadia area „Les Gravanches“ after a 10 minute walk.

2.4. The Cross Country Course

The cross country course is located at the sports centre Les Gravanches not far from the Road Walk Race and half Marathon course and will be run around some training fields. On the competition day, a shuttle bus service will be available every 15 minutes from the Stadium Jean-Pellez to the cross country course. Start: 09.00am.

The Cross Country area “Les Gravanches“ is only a ten minute walk from the Tram stop Montferrand La Fontaine or the Tram Stop Musée d'Art Roger Quilliot.

2.5. The Half Marathon Course

The Half Marathon Race course is located in the rue des Gravanches around the 13th BSMAT (military site). The Half marathon consists of 4 flat laps and is entirely closed to traffic.

The area is easy to get to by the tramway line A (DIRECTION: Champratel; up to Tram Stop Montferrand La Fontaine or to Tram Stop Musée d'Art Roger Quilliot).

You reach the Non-Stadia area "Les Gravanches" after a 10 minute walk.



2.6. Warm up Areas

The athletes can use warm-up areas which will be especially at their disposal. (Note there will be minimum supervision at the outdoor warm-up areas)

Hours of operation:

From Monday to Saturday –07.30 - 19.00

2.6.1 Practice Equipment

A minimal amount of practice equipment will be available for checkout from the Indoor Arena Implement Control room in the outside hall near the start line. This equipment will only be available when there is no competition requiring its use. The equipment can be checked out by deposit of an identification card.

3. Competition Information

3.1. Competition Rules

The competitions of the 3rd World Masters Athletics Championships Indoor will be conducted in accordance with the IAAF and WMA rules and the special regulations issued in this Handbook.

Officials specifically named by the WMA (WMA Safety Judges) are authorised to exclude from competitions athletes that break the above rules and regulations or who may endanger their own health.

The following are some of the WMA rules that differ from the IAAF rules:

- False start: The following rule applies, also for the combined event competitions: each competitor causing a false start is to be warned. He will be disqualified if he is responsible for two false starts.
- Start: Competitors are not required to use starting blocks, or a crouch start or have both hands in contact with the track.
- Hurdling and vaulting barriers: At each hurdle, both feet must be off the ground for at least an instant.
- High jump and pole vault: Both feet must be off the ground when making the vault.
- Masters competitors are allowed to touch the landing area before clearing the bar but may not use the landing area to any advantage as determined by the Field Judge.
- Throwing the hammer and weight: It is required that both hands be used at all times when throwing the implement – hammer or weight.

3.2 Starting Orders

Starting orders will be in French.

For all distances up to and including 400 m starting orders are as follows:

– “A vos marques”

– “Prêt”

– Firing of gun

For distances of 800 m and upwards:

– “A vos marques”

– Firing of gun

Personal starting blocks are permitted only by written permission of the Running Referee.

3.3 Hurdle Specifications

Age group	Distance	Number of hurdles	Hurdle height	To first hurdle	Between hurdles	To the finish line
M 35	60m	5	99,1 cm	13,72 m	9,14 m	9,72 m
M 40	60m	5	99,1 cm	13,72 m	9,14 m	9,72 m
M 45	60m	5	99,1 cm	13,72 m	9,14 m	9,72 m
M 50–59	60m	5	91,4 cm	13,00 m	8,50 m	13,00 m
M 60-69	60m	5	84,0 cm	16,00 m	8,00 m	12,00 m
M 70 + 79	60m	5	76,2 cm	12,00 m	7,00 m	20,00 m
M 80 +	60m	5	68,6 cm	12,00 m	7,00 m	20,00 m

F 35	60m	5	84,0 cm	13,00 m	8,50 m	13,00 m
F 40	60m	5	76,2 cm	12,00 m	8,00 m	16,00 m
F 45	60m	5	76,2 cm	12,00 m	8,00 m	16,00 m
F 50-59	60m	5	76,2 cm	12,00 m	7,00 m	20,00 m
F 60 +	60m	5	68,6 cm	12,00m	7,00m	20,00m

3.4. Jumping Events

3.4.1. Jumping Starting Heights and height increases:

High Jump

M 35 1,72	F 35 1,36
M 40 1,66	F 40 1,27
M 45 1,54	F 45 1,21
M 50 1,45	F 50 1,12
M 55 1,36	F 55 1,03
M 60 1,27	F 60 0,94
M 65 1,18	F 65 0,88
M 70 1,09	F 70 0,82
M 75 1,03	F 75 0,76
M 80 0,97	F 80+ 0,70
M 85+ 0,85	

Pole Vault

M 35 3,50	F 35 2.10
M 40 3.20	F 40 2.00
M 45 3.00	F 45 1.90
M 50 2.60	F 50 1.80
M 55 2.30	F 55 1.60
M 60 2.20	F 60 1.40
M 65 2.10	F 65 1.10
M 70 2.00	F 70+ 0.90
M 75 1.60	
M 80+ 1.40	

The bar will be raised in 6 cm increments until 4 or fewer athletes are left in the competition. From then on the bar will be raised in 3 cm increments for the remainder of the competition.

Pentathlon: The bar will be raised in 3 cm increments uniformly for the whole competition.

The bar will be raised in 20 cm increments until 4 or fewer athletes are left in the competition.

From then on the bar will be raised in 10 cm increments for the remainder of the competition.

3.4.2. Run-up Markings

Only official markers are permitted for marking out run-ups. These will be issued by competition judges at the competition site.

3.4.3. Pole Vault Poles

LOC can make available to the athletes a limited number of poles that will be conspicuously marked.

Poles belonging to other competitors may only be used with their permission.

3.5. Putting and Throwing Events

3.5.1. Implement weights:

Age group	Shot Put	Discus	Hammer	Javelin	Weight Throw
M 35	7,260 kg	2,00	7,260 kg	800 g	15,88 kg
M 40-49	7,260 kg	2,00	7,260 kg	800 g	15,88 kg
M 50-59	6,000 kg	1,50	6,000 kg	700 g	11,34 kg
M 60-69	5,000 kg	1,00	5,000 kg	600 g	9,08 kg
M 70-79	4,000 kg	1,00	4,000 kg	500 g	7,26 kg
M 80+	3,000 kg	1,00	3,000 kg	400 g	5,45 kg

F35	4,000 kg	1,00	4,000 kg	600 g	9,08 kg
F 40-49	4,000 kg	1,00	4,000 kg	600 g	9,08 kg
F 50-55	3,000 kg	1,00	3,000 kg	500 g	7,26 kg
F 60-79	3,000 kg	1,00	3,000 kg	400 g	5,45 kg
F 80	3,000 kg	0,750	3,000 kg	400 g	5,45 kg

The LOC will provide a number of implements complying with IAAF specifications for all throwing competitions.

3.5.2. Personal Implements:

Personal competition implements are permitted as long as they have been handed in to Implement Control for inspection at least 60 minutes before the start of each competition and they comply with regulations.

Personal implements utilised in the competition may be used by all other competitors in that particular event.

Implements will be returned to Implement Control after the events have been finished. Personal implements will be given back to the athletes only at the Implement Control Room.

The LOC accepts no liability for personal implements.

3.6. Competition Clothing

In accordance with the WMA rules only the official team clothing of the national affiliate may be worn.

Vests singlets and other items must comply with the IAAF rules.

In relays and team Events, all competitors must wear a vest or singlet that clearly identifies the country that they represent. Non-compliance will lead to the teams being disqualified.

3.7. Spike Length

Spikes with a maximum length of up to 6 mm are permitted in the whole Indoor Stadium Jean-Pellez. No spikes will be allowed in the Gymnasium!

3.8. Start (Bib) Numbers

Each athlete will receive 2 start numbers with their starting documents.

Start numbers must be worn unmodified, they are not allowed to be folded, trimmed or creased. They shall be firmly attached on the front and back of the athletes' uniform. Only one starting number is required to be worn in the high jump and pole vault events and must be worn on either the athlete's back or the chest.

Throwers are only required to wear one Start (Bib) Number that must be worn on the back.

Teams entered in the relay events will receive 4 start numbers with the country code. The participants must wear these "identification marks" on the chest. The personal start number is to be worn on the athlete's back.

Start numbers with country code will be handed out to Team Managers at the TIC from Saturday, 22.03.2008, at 10.00am.

4. Competition Procedure

4.1. Declaration of Participation

Participation in each event must be declared at the Confirmation Desk in the "Clermont 2008 Village" by handing in the Declaration Card enclosed in the starting documents during the hours of operation (see above 1.1.).

The Confirmation Card system replaces the previously used signing-in lists. Therefore, the registration in such lists is no longer necessary!

Declaration Cards are required to be submitted at the Confirmation Desk before 7.00pm for the events on the following day until 10.00am, and then 2 hours before the start of each event.

Competitors who don't hand in their Declaration Card on time are not entitled to take part in the event he has been registered.

Any best performances (seeding marks) missing from the entry form can be specified when handing in the Declaration Card for seeding purposes. Also, please reduce your existing seed mark to your best estimate of your performance if there are circumstances such as injury.

4.2. Relay Races

Only one 4 x 200 m relay race per age group can be entered by each Affiliate.

Entry forms for relay competitions will be available at the TIC. The Team Manager can hand in the entry forms with the names of the athletes forming the final relay team and with the team running order at the TIC no later than 07:00pm on Friday, 21.03.08.

4.3. Lane Assignment and Race Composition

4.3.1. 60m, 60mHurdles (8 Lanes)

In accordance with IAAF rule 166, there will be seeded heats based on the best seed times submitted with entries or as modified thereafter. Lane assignment will be drawn. Subsequent rounds and finals: Heats will be assigned by place and by time from the previous round. The athletes will be assigned lanes 4,5,3,6,2,7,1, 8 according to the order of the recorded times in the previous round.

4.3.2. 200m (6 Lanes)

In accordance with IAAF rule 166, there will be seeded heats based on the best seed times. Lane assignment will be drawn.

Subsequent rounds and finals: Lanes will be assigned by place and by time from the previous round. The athletes will be assigned lanes 5, 6, 3, 4, 2, 1 according to the order of the recorded times.

4.3.3. 400 m (6 Lanes)

In accordance with IAAF rule 166, there will be seeded heats based on the best seed times. Lane assignment will be drawn.

Subsequent rounds and finals: Lanes will be assigned by place and by time from the previous round. The athletes will be assigned lanes 5, 6, 3, 4, 2, 1 according to the order of the recorded times.

4.3.4. 800 m

The heats and finals will comprise of up to 9 athletes per race. Therefore, every other lane can be occupied by up to 2 participants. In accordance with IAAF rule 166, there will be seeded heats based on the best seed times. The athletes will be assigned lanes 1, 2, 3, 4, 5, 6, 6, 4, 2. The athlete with the best previous performance will start nearest to the inner part of the lane. Subsequent rounds and finals: Lanes will be assigned by place and by time from the previous round. The athletes will be assigned lanes 1, 2, 3, 4, 5, 6, 6, 4, 2. The athlete with the best previous performance will start nearest to the inner part of the lane.

4.3.5. 1500m

The heats and finals will comprise of up to 12 athletes per race. Therefore, every lane can be occupied by up to 2 participants. In accordance with IAAF rule 166, there will be seeded heats based on the best seed times. The athletes will be assigned lanes 1, 2, 3, 4, 5, 6, 6, 5, 4, 3, 2, 1. The athlete with the best previous performance will start nearest to the inner part of the lane. Subsequent rounds and finals: Lanes will be assigned by place and by time from the previous round. The athletes will be assigned lanes 1, 2, 3, 4, 5, 6, 6, 5, 4, 3, 2, 1. The athlete with the best previous performance will start nearest to the inner part of the lane.

4.3.6. 3000m, 3000m Track Walk

When the number of athletes having confirmed their participation to one of these events is greater than the number that can be accommodated in a single final, then there shall be 2 or more final sections of equal status will be held. The overall result will be determined by the times recorded. Race composition will be based on the times supplied by the athlete on the entry form. The final composing of the athletes with the best previous times will be run last. **Athletes not submitting a seed time with entry or to the Confirmation Desk, will be placed in the slowest heats.**

If the number of competitors makes it necessary, the start will be made in two groups (alleys). One group will start in the three inner lanes; a further group will be staggered in the three outer lanes. The group starting in the outer lanes may move in to the inside lane after the end of the first curve.

4.3.7. 4x200m Relay

When the number of teams having confirmed their participation to the Relays is greater than the number that can be accommodated in a single final, then there shall be 2 or more final sections of equal status will be held. The overall result will be determined by the times recorded. Race composition will be based on the times from past championships. The final composing of the athletes with the best previous times will be run last. The Relay programme will be announced on the notice board on, or before, 10:00AM, Saturday, 22 March.

4.4. Advancement Procedures

The number of rounds is dependant upon the number of entries for each competition and is based on the following plan:

APPENDIX L / ANNEXE L / ANHANG L							
WMA INDOOR ADVANCEMENT PROCEDURES							
8 LANE TRACKS (60, SH)				6 LANE TRACKS (60, 200, 400, SH)			
NO.	Preliminary		Quarterfinal		Semifinal		Final
	HTS	QL	HTS	QL	HTS	QL	
1							1
9					2	3P2T	1
17					3	2P2T	1
25			4	2P8T	2	3P2T	1
33			5	2P6T	2	3P2T	1
41			6	2P4T	2	3P2T	1
49			7	2P10T	3	2P2T	1
57			8	2P8T	3	2P2T	1
65			9	2P6T	3	2P2T	1
73	10	2P12T	4	2P8T	2	3P2T	1
81	11	2P10T	4	2P8T	2	3P2T	1
89	12	2P8T	4	2P8T	2	3P2T	1
97	13	2P14T	5	2P6T	2	3P2T	1
105	14	2P12T	5	2P6T	2	3P2T	1
113	15	2P10T	5	2P6T	2	3P2T	1
121	16	2P16T	6	2P4T	2	3P2T	1
129	17	2P14T	6	2P4T	2	3P2T	1
137	18	2P12T	6	2P4T	2	3P2T	1
145	19	2P18T	7	2P10T	3	2P2T	1
153	10	2P16T	7	2P10T	3	2P2T	1
161	11	2P14T	7	2P10T	3	2P2T	1
169	12	2P20T	8	2P8T	3	2P2T	1

NO.	Preliminary		Quarterfinal		Semifinal		Final
	HTS	QL	HTS	QL	HTS	QL	
1							1
7					1	1P4T	1
13					3	1P3T	1
19			4	2P4T	2	2P2T	1
25			5	2P2T	2	2P2T	1
31			6	2P6T	3	1P3T	1
37	7	2P10T	4	2P4T	2	2P2T	1
43	8	2P8T	4	2P4T	2	2P2T	1
49	9	2P6T	4	2P4T	2	2P2T	1
55	10	2P10T	5	2P8T	3	1P3T	1
61	11	2P8T	5	2P8T	3	1P3T	1
67	12	2P6T	5	2P8T	3	1P3T	1
73	13	2P10T	6	2P6T	3	1P3T	1
79	14	2P8T	6	2P6T	3	1P3T	1
85	15	2P12T	7	2P4T	3	1P3T	1
91	16	2P10T	7	2P4T	3	1P3T	1
97	17	2P14T	8	1P10T	3	1P3T	1
103	18	2P12T	8	1P10T	3	1P3T	1
109	19	2P16T	9	1P8T	3	1P3T	1

ALL TRACKS (800 Meter)					
NO.	Quarterfinal		Semifinal		Final
	HTS	QL	HTS	QL	FNL
1					1
10			2	2P3T	1
19			3	2P3T	1
28	4	2P10T	2	2P3T	1
37	5	2P8T	2	2P3T	1
46	6	2P6T	2	2P3T	1
55	7	2P13T	3	2P3T	1
64	8	2P11T	3	2P3T	1
73	9	2P9T	3	2P3T	1
82	10	2P16T	4	1P3T	1
91	11	2P14T	4	1P3T	1
100	12	2P21T	5	1P4T	1
109	13	2P19T	5	1P4T	1
118	14	2P17T	5	1P4T	1
127	15	2P24T	6	1P3T	1
136	16	2P22T	6	1P3T	1
145	17	2P20T	6	1P3T	1

ALL (1500 meter)			
NO.	Semifinal		Final
	HTS	QL	FNL
1			1
13	2	3P6T	1
25	3	2P6T	1
37	4	2P4T	1
49	5	1P7T	1
61	6	1P6T	1
73	7	1P5T	1
85	8	1P4T	1
97	9	1P3T	1
109	10	1P2T	1
121	11	1P1T	1

NO. = Minimum number of runners declaring
 HTS = Number of heats in this round
 QL = Method of qualifying to next round
 P = Number qualifying by place in each heat
 T = Number qualifying by time from entire round

Finals normally consist of 8 individuals
 in 60, SH; 6 in 200, 400 and 9 individuals
 in the 800 and 12 in the 1500 meter

Initial round heats shall be seeded using the entry seed marks and the heats shall be formed in a zigzag distribution.

Subsequent round heats shall be seeded in a zigzag distribution based on place first, then time per IAAF rules.

Preferred lanes are designated by WMA Technical Delegate from LOC recommendations.

800 meter lane assignments will be 6 top seeds in lane 1-6 in order and 7, 8 and 9 seeds in lanes 5, 4, and 2

1500 meter lane assignments will be 6 top seeds in lane 1 - 6, in order, and 7 - 12 seeds in lanes 6 - 1.

When two competitors are in one lane, the faster seed shall be on the inside.

4.5. Non-Participation

Athletes unable to fulfil their confirmation of participation – for whatever reason – are required to notify the TIC no later than 90 minutes before the start of the event (one hour for the events scheduled at 08.30 and 09.00) or be liable for disqualification from further events in the Championships including the Relays.

Athletes who are qualified for the next round in track events but want to forgo any further participation are required to report their retirement at the TIC no later than 90 minutes (one hour for the events scheduled between 08.30 and 09.00) before the start of the next round or be liable for disqualification from further events in the Championships including the Relays.

4.6. Cancellation of Qualifying Rounds

Should a round of a track event round (heats or semi-finals) be cancelled, the appropriate round will run at the scheduled time and the next round will be cancelled. **All Finals will be run at scheduled finals time.** Information about cancellations will be posted on the notice board at the TIC.

4.7. Field Events

The starting order for the field events will be in reverse order of the seed marks submitted with entry or as modified at the Confirmation Desk. **There will be no qualifying rounds.** When necessary, the long jump triple jump, shot put and weight throw will be divided into two flights. The first three attempts will be conducted in both the groups. Athletes with the best seed marks will be placed in the second flight. Athletes entering without submitting a seed mark will be placed in the first group. The best eight competitors from both flights will do two additional trials in reverse order of their performances in the initial trials. The final trial will be reordered into reverse order of performances up to that point.

4.8. Start Lists

For the winter throwing and indoor events, start lists will be posted in the TIC and in the Call Room.

Start lists will be posted approximately 1 hour before the scheduled start of the events.

4.9. Reporting to Call Room / Control

In addition to confirming their entries, all competitors are required to report to the Call Room prior to their event. There will be no separate call-up in the warm up area.

The Call Room may only be accessed by competitors at the time posted in the TIC.

Start number, vest and spike length will be controlled in the Call Room.

It is not allowed to take competition implements into the Call Room.

Notice: pole vault poles which are required to be handed in by the competitors to the person in charge of the equipment will be kept together in the equipment storage in the ground floor of the Stadium Jean-Pellez.

The closing Call Entry times at the Call Room are:

- Running events, 3000m Track Walk Race:
20 minutes before starting time.
- Hurdles races:
25 minutes before starting time.
- Long Jump, Triple Jump, Shot Put
45 minutes before start of competition.
- High jump and Pole Vault
60 minutes before start of competition.

- Discus, Javelin, Hammer, Weight Throwing
45 minutes before start of competition.

All athletes must report to the Call Room at the times provided on the start lists. Competitors who aren't present in the Call Room at the specified time may not be allowed to participate in the events.

Regulation for Cross Country:

Athletes must report 10 minutes before at the starting area. Athletes must have tested their timing chips by passing over the test mat near the start area before reporting.

Regulations for Half Marathon:

Athletes must report 10 minutes before at the starting area. Athletes must have tested their timing chips by passing over the test mat near the start area before reporting.

Regulations for 10km Road Walking:

Athletes must report 10 minutes before at the starting area. Athletes must have tested their timing chips by passing over the test mat near the start area before reporting.

For these three Non-Stadia events, the athletes will be given no additional start number on site. There will be no separate call-up.

4.10. Access to the Competition Area

All competitors will be accompanied by judges from the Call Room to the Stand-by area, where they will be called-up again. Competitors in track events will leave their clothing in the clothing baskets provided at the Stand-by area..

The competition judges then collect the participants in the Stand-by Room.

4.11. Competition Site Trial Attempts

Two trial attempts (formal warm-ups) will be allowed under the supervision of the judges and in the starting order.

4.12. Combined Events

Combined Event Group Leaders will manage the Pentathlons. They are responsible for the organisational side of the combined events such as collecting the competitors in the Call Room and accompanying them from event to event. They will collect and deliver results and will have running score sheets

It is necessary to report to the Call Room only before the start of the first event, and before the final 800 m / 1000 m. All the rest of the time, Pentathletes will follow the instructions of their age group's Combined Event Group Leader.

The performances will be scored after each event has been finished. The intermediate results as well as changes in starting times will be announced by the Combined Events Group Leader..

Competitors must have attempted every event to be included in the final scoring.

4.13. Road Walk Event

Refreshments: On the back to back course, a water station will be established offering personal drinks. Sponges and water in cups will be offered at a second table. Another refreshment station will be set up nearby the finish area.

Toilets are available for the participants.
Warm-up clothes can be stored in the start area.

Cautions / Warnings / Disqualification:

Athletes will be shown a yellow card to inform them when a caution is given; disqualified athletes will be shown a red card. A warning notice board can be found nearby the finish line of the walking event.

4.14. Cross Country

Toilets are available in the start and finish areas. A water station will be set up offering sponges and water in cups.

Warm-up clothes can be deposited in a supervised area nearby the start..

4.14.1 Half Marathon

A refreshment table will be set up near the start/finish of the race. Refreshment stations will be available on each lap of the course with personal drinks, water and sponges. Toilets are available on the course. Warm-up clothes can be deposited in as supervised area near the start.

4.15. Exit the Stadium after Competition

Competitors shall only leave the competition area in group and accompanied by a competition judge.

- Track events: immediately after the end of each race.
- High jump and pole vault: after being eliminated from the competition, in small groups.
- Long jump, Triple Jump, Shot Put, and Weight Throw: for the athletes who don't made the Finals.

Non Stadia Team Scoring

Half Marathon, Cross Country, 10km Road Walk Race

For the Half Marathon, the Cross Country and the 10km Road Walk Race, three team awards shall be given on the basis of one team per Affiliate in each age group. Each awarded team consists of the three best times in each age group from each affiliate and the result shall be the total of the three times.

Automatically, every athlete competes individually in his own age group. For team scoring, athletes will be permitted to drop to a lower age group to complete the required number for a team, provided that the following requirements are met:

- (a) the lower age group shall be in the same race as that in which the athlete competes individually;
- (b) the athlete's country does not have a sufficient number of athletes in that age group to make up a full team in that age group;
- (c) every team must submit a start list that shows the names and age group of all their athletes competing in a particular age group;
- (d) an athlete may only score in one team, and
- (e) a maximum of two athletes from an older age group may be declared in a team not of their age group and
- (f) an athlete who joins a team of a lower age group will not lose his right to an individual medal in his age group as long as all of the above rules are followed.

Should it be found that an athlete has entered for the team scoring in a younger age group wherein the Affiliate has already sufficient athletes within the team's age group to make up a full team, the team will be disqualified.

4.16. Protests

The Protest Desk is situated at the TIC in the "Clermont 2008 Village". Protest forms are available there.

All protests will be solved in accordance to the IAAF Rule 146.

Protests concerning the participation of an athlete must be submitted in writing and given to the WMA Technical Delegate at the Protest Desk in the TIC before the start of competition. Should it not be possible to solve the protest before the start of competition, the athlete will be allowed to compete under protest. A final decision will be taken later by the WMA Council.

Protests about competition results must be submitted no later than 30 minutes after the official results have been posted on the official notice board.

Athletes or their representatives are required in the first instance to register the protest orally with the competition judge. The competition judge will do all that is necessary to preserve the right of all concerned, such as recording a measurement, under protest, etc.

The matter then must be taken orally to the appropriate Referee who will investigate the matter and make a decision or refer the matter to the Jury of Appeal.

If the Referee makes a decision, any appeal of the Referee's decision to the Jury of Appeal must be made within 30 minutes of the decision being made public. The Protest Form, accompanied by a deposit of 100 US dollars, or its equivalent, must be submitted at the Protest Desk in the TIC and it must be signed by the athlete or a representative on his behalf. The decision of the Jury of Appeal is final.

Official WMA Protest forms are available at the TIC.

The person leading the protest shall keep himself available for any question by the Jury of Appeal. He will be informed of the Jury of Appeal's decision in writing. The deposit of the fee will be returned to the appellant only if the protest is successfully upheld.

4.17. Results

Competition results will be posted as soon as possible after the completion of the competition in the "Clermont 2008 Village".

Results sheets from competitions are available at the copy centre in the "Clermont 2008 Village" upon payment of €0.20 per sheet. The Team Managers will receive a free copy of each result sheet which will put in their documents rack. The complete daily results will be available for Team Managers at the TIC in the following morning. Collection of the results sheets and daily results is only possible by showing the accreditation card "Team Manager".

The complete results of the 3rd WMA Championships Indoor will be sent within 2 months after the end of the championships. Orders for the printed Results Booklet will be taken in the TIC for the payment of 10 Euro..

4.18. Medal Ceremonies

The first three athletes in each event will receive gold, silver and bronze medals respectively as well as certificates. Medal ceremonies for all events in the Stadium will take place in the medal ceremony area in the “Clermont 2008 Village”.

Medal ceremonies are a part of the event and participation is compulsory for the first three placed athletes.

The athletes concerned - places 1 - 3 – are to appear at the medal ceremony area at the given time. They will be informed there of the medal ceremony procedure.

4.19. Certificates

All places, forth and up, are entitled to receive certificates which can be collected about two hours after the end of the competition at the TIC upon payment of a 1 Euro fee.

4.20. Anti Doping Controls

The Organising Committee will perform doping and drug tests during the Championships in accordance to IAAF and WMA rules and regulations. Athletes, are liable for Doping Control testing in accordance with the currently in force WADA Code 2004 or according to the IAAF’s Procedural Guidelines for Doping Control. If testing positive for prohibited substances, sanctions as laid down in the WADA Code or in the IAAF regulations may be imposed.

In order to avoid any sanction, any athlete testing positive to a prohibited substance must be in possession of a WMA issued written Therapeutic Use Exemption (TUE) for the use of the substance. This exemption must be presented to the doping control delegate should an athlete be called upon to be tested by the Doping Control Officer..

Wherever there are contradictions between the IAAF Procedural Guidelines/IAAF Anti-Doping Rules and the WADA Code, the Guidelines/IAAF Anti-Doping Rules will take precedence.

Medical certificates are only deemed as documents that support an application for exemption. The application procedure for exemption to use a prohibited substance is laid down in Paragraph 5 of the IAAF Procedural Guidelines (PGDC). Applications must be sent to the WMA antidoping Officer, Karri Wichmann and received back as approved to be valid.

The drawing of athletes for doping control will be undertaken by WMA delegates together with doctors appointed by the French Antidoping Committee. The Doping Control Room is in the basement of the Stadium Jean-Pellez.

Athletes in question will be notified in writing by LOC officials after completion of the competition. The athlete must sign the form and appear in the Doping Control Room at the time specified. All athletes required to undergo a doping control will be continuously escorted by LOC officials and taken to the Doping Control Room. The athlete may be accompanied by any one person as a witness and / or an interpreter.