



NACAC CALENDAR 2010

MONTH	DATE	EVENT	LOCATION
JAN	15	Bermuda Invitational Mile	Bermuda
	16	Bermuda International 10K	Bermuda
	17	Bermuda Int'l Marathon & Half Marathon	Bermuda
	29	Millrose Games	New York, USA
FEB	20	Central American Cross Country Championships	Nicaragua
	27	Gibson Relays	Kingston, Jamaica
MARCH	4-14	Central American Games	Panama
	5-7	Nationals/Carifta Trials	Turks & Caicos Isls.
	6	NACAC Cross Country Championships	Tobago
	6	National Junior Championships & Carifta Trials	St. Kitts
	12-13	13th IAAF World Indoor Championships	Doha, Qatar
	20	5th Carolina Spring Break Classic	Puerto Rico
	24-27	National Boys & Girls Championships	Kingston, Jamaica
28	38th IAAF World Cross Country Champs.	Bydgoszcz, Poland	
APRIL	2-5	Carifta Games	Grand Cayman
	3-4	CAC (Spanish) Qualifications for YOG Games	El Salvador
	3-4	USA YOG Trials	Houston, TX
	16-17	Regional Championships (Seniors)	CADICA
	TBD	Leewards vs. Windwards	British Virgin Islands
	22-24	Penn Relays	Philadelphia, PA
24	Central America Race Walking Championships	Costa Rica	
MAY	1	Guadeloupe Invitational	Guadeloupe
	1	Jamaica International Invitational	Kingston, Jamaica
	5	Santo Domingo Invitational	Santo Domingo, DR
	6-8	National Competition (Seniors)	Guatemala
	8	4th Ponce Grand Prix	Puerto Rico
	8	Martinique Invitational	Martinique
	8	World Athletics Day	St. Kitts
	12	St. Kitts Classic (Invitational)	St. Kitts
	12-14	Central American Championships Junior A/B	Panama
	15-16	24th IAAF World Race Walking Cup	Chihuahua, Mexico
	24	Bermuda Half Marathon Derby	Bermuda
	TBD	Felix Sanchez Invitational	Dominican Republic
JUNE	5	5th Caribbean Scholastic Invitational	Puerto Rico
	20	National Invitational Championships	St. Kitts
	26-27	CADICA Senior Championships	Guatemala
JULY	2-4	CAC Junior Championships	Santo Domingo, DR
	5	Harry Jerome Classic	Vancouver, Canada
	8	Victoria Meet	Victoria, BC, Canada
	9-10	NACAC Mountain Running Championships	Alberta, Canada
	10	Boiling Point Meet	Windsor, ON, Canada
	19-25	13th IAAF World Junior Championships	Moncton, Canada
	22-28	CAC Games (Athletics)	Mayaguez, Puerto Rico
AUG	4	Aileen Meagher Meet	Halifax, NS, Canada
	14-26	World Youth Olympic Games	Singapore
	30 – 14 Sept	IAAF Level 2 Coaching Course	St. Kitts
SEPT	TBA	Central American School Games CODICADER	TBA
OCT	3-14	Commonwealth Games	New Delhi, India
	16	19th IAAF World Half Marathon Champs	Nanning, China
NOV	25	SKNOC Annual General Meeting	St. Kitts
	26-27	Central American Juniors C/Kids A	Honduras



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